Healing the Symptoms Known as Autism

Kerri Rivera

with Kimberly McDaniel & Daniel Bender
Jim Humble • Dr. Andreas Kalcker
Dr. Marco Ruggiero • Robert L. Sands
Disclaimer

*Healing the Symptoms Known as Autism* is not intended as medical advice. This book is for informational and educational purposes only. Please consult a medical professional when the need for one is indicated. For obvious reasons neither the author, co-authors, contributing authors, the publisher, nor their associates can take medical or legal responsibility for having the contents herein considered as a prescription for everyone or anyone. You are ultimately responsible for the uses made of this book.

All content, including text, graphics, images, and information, contained in this book or our website, is for general information purposes only. We take no responsibility for the accuracy of information contained herein, and such information is subject to change without notice.
I would like to dedicate this book to the families of children on the spectrum the world over.

May all of our children find the healing that they need.

~ Kerri

This book is dedicated to my Dominick.
I love you forever; thank you for being our angel.

~ Kim
One of our fans currently working towards recovery thanks to the protocol.
# Table of Contents

Foreword by Lorna B. Ortiz, PhD.  
President of Curando el Autismo, CEA ....................................................... vii

Preface by Kimberly McDaniel ........................................................................ ix

Terminology & Units of Measure .................................................................. xiii

Acknowledgements ........................................................................................... xv

Introduction: Autism is Avoidable, Treatable and Curable ............................. xxi

Chapter 1: Kerri’s Story ................................................................................ 1

Chapter 2: Yes We Can!!! (Testimonials) ....................................................... 19

Chapter 3: Step 1 – The Diet ......................................................................... 41

Chapter 4: An Introduction to Chlorine Dioxide ............................................. 77

Chapter 5: Step 2 – Chlorine Dioxide (CD) ................................................... 81

Chapter 6: CDS – Another Way of Delivering Chlorine Dioxide ...................... 145

Chapter 7: CDH – The Research Continues ................................................... 155

Chapter 8: Step 3 – The Kalcker Parasite Protocol ......................................... 165

Chapter 9: Step 4 – Other Supplements ........................................................ 243

Chapter 10: Step 5 – Chelation ..................................................................... 255

Chapter 11: Step 6 – Hyperbarics .................................................................. 263

Chapter 12: Step 7 – GcMAF & Autism ........................................................ 293

Chapter 13: Beyond Recovery: The Maintenance Plan ................................. 319

Chapter 14: Miscellaneous Information You Should Know ............................ 323

Chapter 15: Final Thoughts ........................................................................... 347

Chapter 16: Healing Beyond Autism ............................................................. 349
Autism, not the one described by Kanner in 1943, but the one that we see today diagnosed in 1 of 50 kids is a combination of immune disorders that need to be treated biomedically. There is a lot that we still need to understand about why and how these immune dysfunctions affect our kids’ development, causing near complete impairment of their social interaction and communication.

There is a long, hard road ahead to fully comprehend the integrated system that comprises “autism,” but our kids cannot wait. It takes more than just medical, professional, or even scientific interests working hard day and night to find a suitable and effective solution to help our kids. It takes drive, passion, and guts to do the right thing; to hear and read the overwhelming stories of parents from all over the world and not turn our backs, but help. It takes an eternal and extreme will to help, even when your own child is on the spectrum.

Kerri’s protocols have been indispensable to the full recovery of many of the kids in our Curando el Autismo (CEA) Foundation. These protocols represent a readily available and effective solution to alleviate most of the pathogenic insults to the immune system. Years from now, when “autism” diagnoses do not exist, when we find ourselves fully knowledgeable about the now mysterious immune-brain-behavior connection, I will remember Kerri not only as a friend but as one of the first courageous leaders that dared to change the path for our ill kids. She goes against all odds, sharing knowledge, experience and simply making it happen.

~ Lorna B. Ortiz, PhD,
President of Curando el Autismo, CEA
“Based on parent reports, the prevalence of diagnosed ASD in 2011–2012 was estimated to be 2.00% for children aged 6–17. This prevalence estimate (1 in 50) is significantly higher than the estimate (1.16%, or 1 in 86) for children in that age group in 2007.”

US Department of Health & Human Services
National Health Statistics Reports
Number 65, Pg. 2 - March 20, 2013
www.cdc.gov/nchs/data/nhsr/nhsr065.pdf
Preface
by Kimberly McDaniel

Darkness cannot drive out darkness; only light can do that.
Hate cannot drive out hate; only love can do that.
~ Martin Luther King, Jr.

Welcome to the Second Edition of Healing the Symptoms Known as Autism!
We are absolutely thrilled to share with you the latest protocol updates and everything else that has happened since May, 2013.

You may be thinking: Why a second edition so soon? Our first edition gave us the structure to explain the protocol, and a foundation to build on. This book has already helped many families around the world, and in fact some parents read it and recovered their children without even contacting us until afterwards! Keep in mind that when it was released in May, 2013 it was absolutely up to the minute, but as we mentioned, this protocol will continue to evolve until we have something that is consistently recovering people on the spectrum of all ages. As of January 2014, we again are sharing the latest updates, as well as a whole lot more information that we hope will be as interesting and beneficial to you as it was to us.

Here are some of the exciting new additions:

- Olive Kaiser of www.GlutenSyndrome.net has written a section on gluten and its role in molecular mimicry and autoimmunity. Since many of you are not new to the autism community, a gluten free diet for your children is nothing new. However, you may be interested to find out just how damaging gluten can be for folks who are off the spectrum as well.

- Scott McRae has contributed a chapter on CDH (Chlorine Dioxide Holding [Solution]). A new method of preparing chlorine dioxide that many families are now using with success. This gives us an even wider variety of preparations available to accommodate the needs of our families.
• The Kalcker Parasite Protocol chapter now has some beautiful charts that spell out the timing of all the components for the 18 days a month that a child will be on the parasite protocol. Thanks to Dan Bender, a lot of the confusion surrounding how to make it all fit will be cleared up. You will also find years of lunar calendars to make it easy to see when the protocol is active. You won’t have to check Google again to see when the full or new moon is coming.

• The “Worm Whisperer” Robin Goffe shares with us part of her journey towards healing for her 19-year-old son. Her advice is for the Extreme Cases—Self Injurious behavior, aggression, violence, etc. If you are the parent of an older child on the spectrum, or a child who displays these behaviors, or you know someone who is living with a child like this, you owe it to yourself to read Robin’s suggestions. They are full of hope and wisdom.

• The one and only Marco Ruggiero, lead researcher on GcMAF, (Gc Macrophage Activating Factor—an immune system supplement) has written an entire chapter on GcMAF and its applications for autism. A must read.

• Last but not least, a whole new crop of testimonials that will make you cry. If after reading this book you still have doubts about giving this protocol a chance, I highly recommend you revisit these testimonials. If I had to pick one part of the book that was absolute favorite, this would be it. It may be because I collect a lot of them, and usually have a little correspondence with the families to get their permission, and genuinely get to feel their excitement, their sense of accomplishment when they see their child start to heal, and not to mention their endless gratitude for being able heal their own children.

I pray that all of these testimonials find their way to the people who need them and as a result children stop suffering because their parents see them reflected in those words and understand that if other children can heal, their children can as well.

To me, there is nothing more real than hearing from someone that has walked a mile in your shoes. There is nothing more inspiring that to hear someone say, “I know it’s possible, because I did it, I lived it, and I am here to tell you about it.”
The families that courageously walked this path and then took the time to share their stories are pioneers and heroes to their own families and to our entire community and beyond. They are blazing a trail for others to follow and countless lives will benefit from their diligence, fortitude and dedication. The stories of healing come from all over the world... from children and adults of all ages. We hope that they move you as much as they moved us. We are eternally grateful for the service these families have provided to humanity and thankful that they were generous enough to take the time out of their lives to pay it forward and share.

- The book now as an extensive index making it much easier to use as a reference.

As of this printing, families are healing their children with autism using this protocol in over 58 countries! Our Facebook groups have over 3,500 members in many of these countries. CD officially knows no borders. It is absolutely thrilling to us that people are coming together with the common goal of healing their children themselves, and to help others do the same! It fills our hearts with joy to be a part of this and to be able to see and feel the love that is shared every single day.

The development of this protocol has been a growing grass roots effort, in sharp contrast to how modern medicine usually works. The reason for this is clear: Modern medicine has not really helped to heal autism and may very well be part of its cause. While we don’t have any double blind studies to rest on, we do have a slew of anecdotal evidence, which may not mean much to those in the arena of modern medicine or modern science, that doesn’t make it any less real. Time and time again, our results—children dropping ATEC points—are being duplicated by families all over the world. For a family who is using this protocol, there is absolutely nothing more real than watching their child come back to them. Ask any autism parent what they would rather have... a long-term double-blind study published in a peer reviewed journal... or a healthy child. My money’s on the latter.

As exciting as it is to be a part of this, and as wonderful as it is to hear about gains and read uplifting testimonials, we know there are still families working to heal children that are very sick, and our groups share the highs as well as the lows. Kerri will tell you that some months are better than others and the gains ebb and flow. I urge you to read and reread the testimonials. These are
real stories of real healing and if you haven’t already I invite you to believe that your child can be one of the success stories in those testimonial pages.

All of our families are proving what many were told was impossible: Children with the symptoms known as autism can heal! This grass roots movement is creating a paradigm shift in the way the world views healing from autism. The second edition of this book will be translated into at least 13 languages including Spanish, Portuguese, French, Flemish, German, Czech, Norwegian, Arabic, Polish, Italian, Hungarian, Bulgarian and Serbian. This is exciting. This is real. And, this is a living protocol. Every family that uses it every single day is helping to shape the future and heal the children who are affected today, and quite possibly prevent children from becoming affected tomorrow. For this we are eternally grateful.

Here’s to you and the continued healing of humanity,
Terminology & Units of Measure

Throughout this book we talk about “CD,” which is an abbreviation for chlorine dioxide, a well-established oxidizer. Chlorine dioxide is also often referred to as MMS, which is the common name given to it by Jim Humble, the man who discovered various applications of chlorine dioxide. There are many books, videos, blogs and articles using the name, “MMS,” which is surrounded by a fair amount of controversy. We choose to not get tangled into that debate since our focus is on helping our children recover from autism. For us, our only concern is that (1) it is safe for our children, and (2) that it works. Based on extensive use of CD on thousands of children with autism, we can confidently say that both those statements are true. If this were not so, this book would not exist.

Units of Measure

Throughout this book we talk about various measured treatment components and containers using fluid volumes and weights. Since this book primarily addresses a US audience, we sometimes talk about measures in the US system of pounds and fluid ounces; while also using the internationally recognized metric system, which is frankly... easier to use.

The common abbreviations of measure you will see throughout this book include:

\[
\begin{align*}
\text{l} & = \text{liter (volume)} \\
\text{mg} & = \text{milligram (weight)} \\
\text{ml} & = \text{milliliter (volume)} \\
\text{lb} & = \text{pound (weight)} \\
\text{lbs} & = \text{pounds (weight)} \\
\text{ppm} & = \text{parts per million (concentration)} \\
\text{fl. oz.} & = \text{fluid ounce (volume)} \\
\text{net. wt. oz.} & = \text{net weight ounce (weight)}
\end{align*}
\]

For easily measuring small amounts, syringes (without needles) are a great tool. Don’t bother going to a chain store pharmacy... they won’t sell them to you without a prescription. Instead, check your local medical supply store, animal
supply store, private pharmacy or protocolsupplies.com. Cost: Surprisingly dirt cheap. The complete set of five below cost about $1.00 in Mexico—less than most candy bars—and not much more in the US. Note: Some brands of syringes have printed on scales that easily rub off, especially if your hands are a little oily. To prevent from losing the markings, cover the scale with some clear tape or clear nail polish.

When it comes to accurately measuring larger volumes, you can buy a set of 7 Polypropylene Graduated Cylinders. Of course this is not a requirement. You can use common kitchen measuring utensils, but these are more accurate and easier to read. If you decide to get them, avoid those with printed on lettering (it rubs off). Raised lettering is best, although sometimes a bit difficult to read. Typical cost on ebay™ or Amazon® for a set is around $25USD. The sizes range from 10ml to 1000ml. You can also buy individual cylinder sizes made of plastic or glass.
Acknowledgements

Gratitude makes sense of our past,
brings peace for today,
and creates a vision for tomorrow.

~ Melody Beattie

Thank you to my Mother who taught me by example the value of volunteerism and to help others who are less fortunate. Thank you for always telling me that I am the best and that I could do anything. I believed you :)

Thank you to my husband of nineteen years for supporting me on this journey. As challenging as it is, you have always stood by me. You are the love of my life, and father of the sweetest boys on the planet. Thank you for giving me the strength to be strong enough to do a mammoth job. It would not be possible without a pillar of your magnitude.

Thank you to Alex, the best big brother in the world who supports and enjoys what we do as a family and who sees the big picture. I couldn’t be prouder than I am of you. I am so grateful you chose me as your Mom, and you chose to be on this journey with me, the road less traveled. I love you forever!

Thank you to Patrick for bringing to our family a higher good. You are an angel. You have brought light to all who meet and know you. Thank you for choosing me to be your mother. You and your brother have taught me more about myself and about life than I could have ever dreamed. I am grateful to you and I Love You more than words can say. Through me, you have given people their lives back. You have forever changed the face of autism.

Thank you to Linda for giving me my sister and one of my greatest friends.

Thank you Slimmie for your support, love and dedication, you are my BFF and we speak the same languages. Thank you for the support of my projects and always having me look prepared.

Lorna, thank you for supporting me, believing in me, trusting me, being faithful to your heart, and for being one of the most honest people I have ever known. You are my sister of the heart and I love you very much.
Susan Wiseman, thank you for offering your connection on that day when I most needed it. That one act of humility changed the future forever. I will never forget what you did for me.

Norrah Whitney, thank you for pointing me toward the direction of recovery, and explaining to me what I needed to do. You are without a doubt my first angel on this journey.

Ana Meckes, thank you for being another much needed angel and teaching me how to advocate for my son. I have not stopped ever since.

Anju, thank you for being my friend, for sharing with me, and for believing in me. You are a unique treasure.

Pina, thank you for helping and supporting me, we will be friends forever. I will always remember what you did for me, the clinic, and the kids.

Kenny, thank you for your excellent books full of sage advice and making biomed user friendly. Most of all, thank you for sharing fever therapy with us.

Carolina, Yamileth y El Jefe... gracias por apoyarme, defenderme y creer en mí. Son amigos en todo el sentido de la palabra. Estoy orgullosa de ustedes, moviendo montañas con el amor que solo una familia puede tener por un hijo….y ustedes lo han hecho por un país. Les quiero mucho.

Bob Sands, thank you for seeing something special in me, thank you for taking me to meet Bernie and Mrs. Rimland. That day changed my life forever. Thank you for giving us the best hyperbaric chamber in the world. With that chamber we have seen so many miracles.

Jim, you have brought light to many and hope to all who have had the fortune to know the miracle that is CD (Chlorine Dioxide). I am grateful to you every day of my life. I have witnessed first-hand the miracle that is autism recovery. Thank you for staying the path that has never been easy. But it is as you say, “The right thing to do…” I love you.

Andreas, my dear friend, thank you for your dedication, your research and for your willingness to help. You are the science, the reason and the truth that is chlorine dioxide, the molecule that has the power to save humanity. Thank you to you and Miriam for your unfailing support over the years. Your contributions to the world of autism are changing the way the world views autism forever. And the lives of so many children are now recovered thanks to your contribution to The Protocol. Without you both, these recoveries would not have been so abundant.
Dan Bender, thank you for seeing the big picture and for giving so generously of yourself to help us help children with autism. Your selflessness has allowed this protocol to reach more families all over the world. Thank you for making the second edition of this book a reality, we never would have gotten it off the ground without you.

Thank you Michael Harrah for standing by me and working tirelessly to share the information that has had such a positive effect on so many families all over the world. Your wisdom and know-how have been invaluable to me in this book, our website and forums. You were a friend when I most needed one. I am grateful that you are in my life.

Dr. Bernard Rimland, even though you have left us all too soon, you moved mountains while you were here. Thank you for letting me train as a DAN! Clinician, and for allowing us to translate the protocol to Spanish. Thank you for giving us Infantile Autism in 1964, changing forever the thinking that autism was caused by the refrigerator mother. And setting into motion biomedical interventions for healing our children I wish we had more like you. I try to think “What would Bernie do?” and I usually get the answer. Always helping and always available. Humility. You set the standard for humanitarian.

Thank you to all the families on our forums for blazing a trail for others to follow and fighting for the health of your children every single day. You are an inspiration.

To all the Mods; Ginette, Caryn, Joy, Alison, Heidi, Michael, Pam, Katya, Carolina, Nilesh, Mirena, Robin, Debbie, Sue, Susan A., Brandi, Don, Clint, Maggie, Claire, Amber, Dawn, Naomi, Maryann, Susan R., Stacey, Jessi, Lina, Boris and Susanne, Olive, Dana, and Pat, for being the best mods in the world. Your help changes lives for the better each and every day. This is for you:

It's in our interest to take care of others. Self-centredness is opposed to basic human nature. In our own interest as human beings we need to pay attention to our inner values. Sometimes people think compassion is only of help to others, while we get no benefit. This is a mistake. When you concern yourself with others, you naturally develop a sense of self-confidence. To help others takes courage and inner strength.

~ The Dalai Lama

Thank you Joy for sharing with Alison that you had heard about CD for autism through the seminar that Jim had in the Dominican Republic. That gesture opened the gates to the north and from there to everywhere. You are a special healer.
Teri and Ed Arranga, thank you for the platform and for helping so many families find what they need for their children, and never blinking, even when it gets really scary.

Thank you Doll, for a much-needed distraction from autism when I really need it most. BFFs are good at doing that.

Thank you to the Mansours, for believing in my projects and me. Your support made this book and our website possible.

Thank you to the various proof readers who helped with that fun process, including Michael Harrah, Pam Gotcher, Joy Whitcomb, Charlotte Lackney, Don Kalland, James Beyor, Cathy Fuss, Jeremy Horne, Ph.D., Luane Beck, Candace, Andreas Schreiber, Olive Kaiser, Susan, and Clint Melanchuk.

Thank you Mads, for your website magic and our beautiful logo.

Thank you Carolyn Unck for helping get this book into shape and all your support and advice.

Thank you Marco and Stefania for thinking out of the box and preserving the truth because it works.

Thank you so much Pam Gotcher for going above and beyond everyday to make sure our readers get their books!

Thank you Scott McRae, Brenda McRae, and Charlotte Lackney for contributing the CDH chapter. This new method of preparation has already been beneficial to many of our families, and is an exciting new addition to this book.
The purpose of life is to contribute in some way to making things better.

~ Robert F. Kennedy
Alex Rivera, Kim McDaniel (Kerri’s sister), & Patrick Rivera
Introduction

Autism is Avoidable, Treatable and Curable

Your body’s ability to heal is greater than anyone has permitted you to believe.
~ Anonymous

Congratulations on finding this book, and welcome to the world of autism recovery. This book comes to life as more and more children with an autism diagnosis respond and recover in more than 58 countries around the globe. This book gives families a do-it-yourself guide to an Autism Spectrum Disorder (ASD) recovery program with answers all in one place.

I have, on my ASD recovery journey with my son Patrick, personally been frustrated with the lack of information and answers leading to lost time and money. For example, when I first knew that Patrick was no longer developing “normally” (in 2003), I was unable to get a diagnosis. Seven years, dozens of interventions and hundreds of thousands of dollars later I was still searching for pieces to Patrick’s autism puzzle.

I learned over the years of many people recovering their children using various protocols and interventions, and I looked into all of them. Some gave us improvements but not recovery (most specifically for Patrick, diet). Some gave us nothing.

My goal with this book is to alleviate that frustration and loss of time and money for other parents.

I became interested in chlorine dioxide (CD) in 2010 but I was unable to find any information about using it with autism on the Internet. Since I knew that almost every child with autism suffers from similar pathogens (viruses, bacteria, candida, and parasites), heavy metal toxicity, inflammation and allergies I researched those conditions in combination with chlorine dioxide—removing “autism” from my vocabulary.

I realized with further research that CD would be excellent for curing the symptoms collectively known as autism. When Patrick was first diagnosed in 2004, his Autism Treatment Evaluation Checklist (ATEC) score was 147 and after six years of biomed he was at a 63. (The diets made the biggest difference in
those initial dropped ATEC points). 2½ years of CD later he is at a 21. CD has made all the difference in his life, in my life, and in so many lives around the world.

I brought CD to my Defeat Autism Now! style Clinic in Puerto Vallarta in 2010. Today more than 115 children globally have lost their diagnosis of autism (meaning an ATEC score of under 10 points). Additionally, thousands of children around the globe have dropped points on their ATEC and are moving towards recovery. 27 children in less than 1 year in Venezuela alone lost their diagnosis of autism with a combination of diet, CD, and ocean water to the surprise of the doctors who diagnosed them in the first place. Many of those same doctors are now looking at CD for other patients.

It is my dream that every family of a child with autism be given this information so that they can decide for themselves whether they want to give it a try.

This book is a protocol for all of us. Some of you may be completely new to autism recovery; some of you may be a veteran like me and/or parents of older children and adults on the spectrum. This protocol works for even the classic “non-responders” and for those who are so close to recovery yet can’t seem to get through the door. This book is for you. CD helps the body heal the symptoms we call “autism” across the board—it is an equal opportunity healer.

I know from experience that an autism diagnosis is devastating on many levels. The initial regression of a neurotypically developing baby takes away eye contact, speech, and the emotional connection between parent and child. Then, when strange new behaviors such as flapping, squealing, rocking, spinning or even self-injurious behaviors appear, you know in your deepest mommy (or daddy)-gut that your child was not born like this. It seems to take forever to get the truth about what happened to your happy, healthy baby. It takes even longer and is more confusing when you have to figure out how to heal that sick child. Far too many “health” providers in the autism field are focused on making money so we can’t blindly trust anyone. We must do our own homework. The journey itself is a lot of trial and error coupled with misinformation.

Many supposed “autism experts” don’t know much about recovery, or the effective order of treatments and end up costing our children time and the parents money. The less time a child spends chronically ill, the easier and faster it is to recover them. Not to mention the child spends less of their lifetime suffering the physical, emotional and mental effects of autism.

I feel that all parents who begin this protocol should expect a full recovery from autism because this protocol treats what causes this diagnosis. Our research
indicates that every person with a diagnosis of regressive autism has virus, bacteria, candida, parasites, heavy metals (biofilm), inflammation and allergies. This protocol handles every one of these issues, and that’s why it has been so successful. Some recover faster than others. But, every day we are one step closer to the end of autism.

How do you know if the protocol is working and how long does it take to see results?

The Autism Treatment Evaluation Checklist (ATEC) is our measure. The ATEC is an online survey that evaluates the severity of a child on the spectrum. For more information see Appendix 4, page 447. Many families notice changes from day one, while others take longer. You will get results when you correctly apply the interventions in this book in the proper order and without breaks.

What are the results you can expect from the protocols in this book?

I would love to say that everyone who follows the protocol will get their child down to an ATEC of 10 or less—what we call a recovery—and we have 115 of those already. The majority of those I’m in contact with report substantially significant improvements, even if they have not reached recovery. In the case of my son Patrick, he started at 147 in 2004 and has come down to 26. I’m optimistic as I continue to search for further answers, and will continue to share what I find.

If you are not getting results and have gone through this book including the Frequently Asked Questions (FAQs) and troubleshooting, please contact me through the forum at...

www.cdautism.org

...there are always tweaks we can make to keep moving towards recovery.

I recommend you read this book straight through in the order that it is written as that is the order in which it is to be applied. Jumping around the interventions can lose time for your child and waste money for you. Doing interventions in the correct order, when your child is ready for them, is the best to way to achieve recovery. Diligence and perseverance win the race every time.

My mission is to share with whoever is interested, the blessings that I have received. If the information presented here feels right and resonates with you, then please, give it a try. It might just be what your child needs.
This book in a nutshell:

If you want the best chance at recovery, here’s the overview of how to do it:

1. **The Diet:** Eliminating gluten, dairy, soy, sugar, and toxins, to stop inflammation and reduce the overall toxic burden.

2. **The CD Protocol** to kill pathogens while using a multimineral like ocean water.

3. **The Kalcker Parasite Protocol.**

4. **Explore and implement other potentially synergistic supplements to aid in speech facilitation, neurotypical behavior and/or seizure reduction.**

5. **Consider gentle chelators.**

6. **After 3 parasite protocols and consideration of all above steps, find a hyperbaric chamber (1.75ata).**

7. **Consider adding in GcMAF.**

It is important to consider all of the pieces of information in Chapter 14, *Miscellaneous Information You Should Know* (page 323) and apply them from the beginning when they make sense for your child. You also may find the Summary of Protocols in Appendix 12 a good resource when you do not have time to reread a chapter to find something specific.

On the right is what we call the *Stairway to Recovery.* Joy Whitcomb, one of our amazing moms, came up with this so you can see just how each step rests on the previous steps, and without them you would not reach the top step… **RECOVERY!**

**Author’s Note:** It is never my intention to “change someone’s personality” or take away their character by healing autism. I see it quite the opposite. When children start to recover, their personality starts to shine through. The behaviors that we saw before (spinning, flapping, squealing, smearing feces, auto aggression, lining things up, tantrumming, etc.) are not personality traits but symptoms of a sick body. These symptoms start to disappear once the body begins to heal and our children can express who they really are through smiles, eye contact, words, gestures, etc. They can show us what they need and want and play an active role in their own lives. It is my dream that every child has the opportunity to mature and choose the life they want for themselves, and be responsible for making their own decisions. I truly believe this is possible for all of our children and adults on the spectrum, and I want families to have the opportunity to offer healing to their children.
Throughout this book we have used the pronoun “he” when referring in general to “a child on the spectrum.” This is not to alienate families with girls or women on the spectrum. It is simply a question of fluidity. To use he/she or his/hers every time we chose to use a pronoun seemed cumbersome, so therefore we are using “he” or “his” throughout the book. We chose “he” rather than “she” because autism is five times more common among boys than among girls. As of March 2013 the CDC revealed the results of a new study conducted during 2011 and 2012 which surveyed 95,000 families and estimated the prevalence of autism at 1 in 50 children.

The acronym DAN! is no longer applicable to Defeat Autism Now!, as it belongs to Divers Alert Network. The acronym has been used in several places in this book as several of the personal anecdotes are from a time when its use was still appropriate. Today, a “DAN! Doctor” could be defined as a practitioner who received training through the network formerly known as Defeat Autism Now!.

---

**Stairway to Recovery**

1. **Step 1:** The Diet: GFCFSF+; Remove certain fruits; Evaluate & remove certain supplements, especially those that interfere with Chlorine Dioxide.
2. **Step 2:** Chlorine Dioxide (CD) Protocol. Implemented gradually until full dose is reached. Administered orally, through enemas and baths.
3. **Step 3:** Kalcker Parasite Protocol (12-18 months)
4. **Step 4:** Add possible supplements for speech, seizures, etc.
5. **Step 5:** Gentle Chelators such as BioChelate and Bentonite clay.
6. **Step 6:** HBOT (1.75ATA)
7. **Step 7:** GcMAF

---

Concept by Joy Whitcomb.
Everything yields to diligence.

~ Antiphanes
IMPORTANT NOTICE

Please keep in mind that the protocols in this book are still evolving, and will continue to be improved as new discoveries are made. We will release new editions to incorporate those new discoveries. The topics of CDS & CDH are particularly new and rapidly evolving. This book is current as of January 2014. Please be sure to check this book’s website for important corrections and updated information beyond this and subsequent editions:

HealingTheSymptomsKnownAsAutism.com
Chapter 1

Kerri’s Story

“The impossible is now declared possible as soon as you agree to it. It’s just a flip of the mind, letting go really, nothing more.”
~ Stuart Wilde

“What happened, what did you do to Patrick?” That was the first thing my husband asked me when he first saw our son, after returning from a weeklong trip. This was just five days after our youngest son Patrick received his last vaccine—the DPT (diphtheria-pertussis-tetanus) + Hepatitis B + Influenza B (what is known in Mexico as the Pentavalente) on the 13th of August 2002 at two years and one day old.

That question was the first of many to propel us down our path paved with autism. I told Memo (my husband) that we shouldn’t worry. The nurse mentioned that we could expect a fever, or he could be listless. These were completely normal reactions. Contrary to what she said, what we observed during those first days and weeks were loss of eye contact, flapping, toe walking, high-pitched marine noises along with excessive drooling—drooling that would soak the front of his clothing.

Patrick had also lost all of the speech he had acquired; Mama, Pa, agua (water in Spanish), letters of the alphabet, numbers... all of it. The only thing he wanted to do was watch videos while running back and forth in his bedroom squealing the “ambulance sound,” flapping and banging his gut, and drooling through all his clothes.

Not being well versed at the time in these problematic symptoms, we chalked it up to a case of the terrible twos. But these particular terrible twos led to loss of sleep for Patrick as well as the rest of the family, antibiotic use for green nose and eye mucous, and raging diarrhea that was so acidic it would burn his skin upon contact. This would be the story for the rest of the third year of his life.

The first of many to associate Patrick’s behavior with autism would be my great aunt. She mentioned to me that she believed Patrick had autism after observing him at a family get together in April of 2003 while we were visiting relatives in Chicago. It was the most ridiculous thing I had ever heard.